

GAME READY PNEUMATIC COMPRESSION + CRYOTHERAPY UNIT

PATIENT RENTAL INFORMATION SHEET

- Your surgeon has prescribed the Game Ready System for you to assist with your recovery from surgery or injury. Game Ready is the injury treatment choice of thousands of prominent orthopedic clinics and physical therapy centres as well as teams and athletes in almost every professional and competitive sport.

This document will provide you with information regarding the rental of a Game Ready unit and common questions that might arise in its usage by patients at home.

? WHAT

The Game Ready system combines intermittent pneumatic compression and cooling in a single system to provide treatment to an injury or during post-surgical recovery.

? WHY

Intermittent Compression with Cryotherapy has been shown to decrease the amount of localized edema and pain to a joint or area, allowing greater range of motion, earlier recovery and return to full function.



PROTOCOL

This system will only be applied while at rest and is not intended for use while active.

1 INITIAL USAGE

Acute Injury or Immediately post-op with or without post-op dressings or bandage (usually up to 72 hours or as tolerated by individual):

- ▶ Apply the system 30 minutes ON and 60 minutes OFF at no pressure (Program 4) or at a low compression of 5-15 mmHg (Program 5) while you are awake.
- ▶ If you experience any increase in pain or discomfort we recommend stopping usage immediately and consulting your referring physician, rehab specialist or KineMedics representative.

2 CONTINUED USAGE

After Post-Op Dressings are removed or as tolerated after initial 72 hours:

- ▶ A Tubi-Grip compression sleeve or light barrier should be placed between the skin and wrap before applying the Game Ready sleeve.
- ▶ Apply the Game Ready system for 30 minutes ON and 60 minutes OFF (Program 5) with low compression (5-15 mmHg) while you are awake.
- ▶ The amount of compression may be increased to medium, 5-50 mmHg (Program 6), if tolerated.
- ▶ Once again, please let us know if you experience any increase in pain or discomfort; the system can be stopped immediately at any time.

PLEASE NOTE

- ▶ It takes intramuscular tissue cooled with this Game Ready system twice as long to re-warm to normal tissue temperature. Therefore, whatever the time "ON" the time "OFF" must be at least double the "ON" time.
- ▶ We will want your feedback about the use of this system as far as your pain, swelling and ability to extend and flex your knee.
- ▶ With regular use of the Game Ready system you should experience a decrease in the amount of pain reducing medications required during your early post-operative period.

? WHERE

KineMedics

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FOR 24HR TECHNICAL SUPPORT DURING YOUR RENTAL PERIOD PLEASE CALL 1-844-441-3278

RX PHYSICIAN'S PRESCRIPTION

Date of Placement: ____ / ____ / ____

Patient's Name: _____ ☒ Surgical ☐ Non-surgical

I am prescribing a Vasopneumatic Compression and Cold Therapy System (**Game Ready™**) due to my patient's needs and diagnosis. I certify that the **Game Ready™** device is medically indicated and in my opinion is reasonable and necessary with reference to the accepted standards of medical practice and treatment of this patient's condition.

Product: ☒ **GAME READY™ Control Unit, complete with heat exchanger and Wrap**
☐ Manual Cryotherapy Device : Aircast Cryo-Cuff Cryotherapy System
☐ Continuous Flow Cryotherapy System: ☐ Ossur Cold Rush ☐ DJO Iceman ☐ Breg Kodiak

Wrap Required: ☒ Knee ☐ Articulated Knee ☐ Shoulder ☐ Elbow ☐ Wrist ☐ Ankle ☐ Back ☐ Hip

Side Treated: ☐ Right ☐ Left

RX PHYSICIAN'S LETTER OF MEDICAL NECESSITY

I am writing on behalf of my patient that you approve coverage for the **Game Ready™** vasopneumatic compression and cold therapy system. I consider this device medically necessary and I am prescribing this device for the purpose of musculoskeletal injury treatment and/or post-operative treatment.

The **Game Ready™** System combines cold and compression therapies. It is intended to treat post-surgical and acute injuries to reduce edema, swelling and pain where cold and compression are indicated.

RICE (Rest, Ice, Compression, Elevation) has long been used to treat acute and chronic injury and assist in rehabilitation following orthopedic surgery. **Game Ready™** combines the two most difficult-to-manage aspects of the RICE regimen (Ice and Compression) by offering adjustable cold and intermittent compression to all major joints.

The anatomically-designed wraps are engineered for all major body parts and utilize intermittent compression and fluid circulation technology, simultaneously delivering circumferential cold and compression.

My post-operative and rehabilitative care plan calls for the use of the **Game Ready™** device to reduce pain and swelling. Failure to control pain not only causes unnecessary suffering but can delay my patient's recovery. Therefore, need for compliance with the required treatment is high. I certify that the above-described product is medically indicated and in my opinion is reasonable and necessary. Given the safety and effectiveness of this unit, I prescribe and recommend that the patient use this device daily. Without use of this device there is potential to cause unnecessary delay in the patient's recovery.

If you have any questions, please feel free to contact my office directly.

Physician Signature:  Date: ____ / ____ / ____

Physician Printed Name: Dr. Geoffrey Dervin Reg'n: 59592

Physician Telephone Number: 613-737-8081